



# Alzheimer's 101

While there are many forms of dementia, Alzheimer's disease is known as the most common and can have a wide array of warning signs and symptoms. It is estimated that as many as 5.1 million Americans may be affected by Alzheimer's disease, so it's important to know the facts to help yourself or a loved in their journey.

- **The exact cause of Alzheimer's disease is unknown.**

Research suggests that the disease may be triggered by age-related changes in the brain, genetics, head injuries and environmental factors.

- **There are many common signs of Alzheimer's.**

Memory loss, confusion of time and place, struggling to complete daily tasks, trouble finding the right words, poor judgment, changes in mood and personality, and changes in abilities are some things to look for.

- **The 5 A's of Alzheimer's detail cognitive symptoms.**

These include Amnesia, Aphasia, Apraxia, Anomia and Agnosia. These detail the symptoms of memory loss, ability to remember things, the names of objects, recognition and the inability to express oneself through speech.

- **Psychiatric symptoms also affect those with Alzheimer's.**

Personality changes, depression, delusions and hallucinations can affect those with Alzheimer's. They may also face feelings of fear, anxiety, agitation and aggression.

- **Diagnosis is critical.**

With an evaluation consisting of a thorough medical history, mental status testing, physical and neurological exams, blood tests and imaging, medical professionals can complete a diagnosis with 90% accuracy.



**To learn more about Alzheimer's disease  
from our dedicated team of professionals,  
contact us today!  
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